



# Course Specification

— (Bachelor)

Course Title: **Community Health Nursing**

Course Code: **NUR26448**

Program: **Bachelor of Nursing Sciences**

Department: **Nursing**

College: **Applied Medical Sciences**

Institution: **University of Bisha**

Version: **6**

Last Revision Date: **20- 8-2023**





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## A. General information about the course:

### 1. Course Identification

1. Credit hours: 5 (3+2 )

2. Course type

A.  University  College  Department  Track  Others  
B.  Required  Elective

3. Level/year at which this course is offered: 8<sup>th</sup> level 4<sup>th</sup> year

4. Course general Description:

This course focuses on the application of the concept and principles of community health nursing in assessing, formulating, implementing and evaluating community nursing health care and health promotion programs.

5. Pre-requirements for this course (if any):

NA

6. Pre-requirements for this course (if any):

NA

7. Course Main Objective(s):

To provide undergraduate nursing students with knowledge and skills to apply the basic principles of community health nursing practices in delivering competent and comprehensive health care for individuals, families, and groups in the community through application of health promotion and disease prevention approach in various community health care settings.

### 2. Teaching mode (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	37.5	35.7%
2	E-learning	7.5	7.1%
3	Hybrid <ul style="list-style-type: none"> <li>● Traditional classroom</li> <li>● E-learning</li> </ul>		
4	Distance learning		
5	Practical learning	60	57.2%



### 3. Contact Hours (based on the academic semester)

No	Activity	Contact Hours
1.	Lectures	37.5
2.	Laboratory/Studio	50
3.	Field	40
4.	ELearning	7.5
5.	Self- directed Learning	127.5
<b>Total</b>		<b>262.5 hours</b>

### B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
<b>1.0</b>	<b>Knowledge and understanding</b>			
1.1	Identify the concept, scope and practices of community health nursing and their application in primary health care settings.	K1	Interactive lectures, Case studies,  Pre lecture assignments  Group activities	Written test  Oral test  Electronic quizzes
1.2	Recognize health care services provided to mothers, children, older adults, disabled and rehabilitative persons within the family and home healthcare approach.	K1	Interactive lectures, Case studies.  Group activities	Written test  Oral test  Electronic quizzes
1.3	Illustrate measures of health promotion/disease prevention and treatment related to communicable and non-communicable diseases, environmental and occupational health	K1	Interactive lectures, Case studies.  Group activities	Written test  Oral test  Electronic quizzes





Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
	problems within the community.			
<b>2.0</b>	<b>Skills</b>			
2.1	Develop nursing care plan based on health need/problems through interpreting health information of individuals, families, and community with utilization of advanced technology for accurate recording and reporting the plan of care.	S1	Case studies, PBL. Clinical training, Group activities NCLEX questions	Written test Field work Oral test Practical exams (OSCE) Case scenario
2.2	Demonstrate nursing care that mainly concerned with providing proper health education to improve health awareness according to the needs of individual, families, and community.	S2	Case studies . Clinical training Group activities NCLEX questions	Written test Field work Oral test Practical exams (OSCE OSPE, and OSVE)
2.3	Evaluate nursing performance in community health care settings based on the national primary health care services, through utilization of effective communication with the health team members, patients and community members.	S4	Case studies Clinical training Group activities NCLEX questions Lab peer teaching	Written test Field work Oral exam Practical exams (OSCE OSPE, and OSVE)
<b>3.0</b>	<b>Values, autonomy, and responsibility</b>			
3.1	Acquire skills of self-learning for continuous professional development and through mentoring		Team based learning Peer teaching	Assignment Field work





Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
	multidisciplinary approach in activities of health promotion and disease prevention within the community for promoting the quality of community life.			
3.2	Adhere to high level of ethical, professional and academic practices by exhibiting positive attitude and with respect of legal and ethical rules and values with colleagues, patients and the entire community.	V2	Team based learning Peer teaching	Assignment Field work

### C. Course Content

No	List of Topics	Contact Hours
1	<b>Unit (1):</b> Overview of community health nursing	3
2	Community assessment	3
3	<b>Unit (2): Setting for community health nursing practice:</b>	3
4	▪ Primary healthcare	3
5	▪ School Health	3
6	▪ Maternal and child health care	3
7	<b>Unit (3): Contemporary problems in community health nursing practice:</b>	3
8	- Environmental health:	3
9	- Communicable disease prevention and control	3
10	- Occupational Health	3
11	<b>Unit (4): Support for Special Population Handicapping</b>	3



12	Chronic diseases	3
13	Health education	3
14	Health education	3
15	Revision	3
<b>Total</b>		<b>45</b>

#### D. Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	Continuous assessment	All through	30
1.1	Field work -Case study report	12 <sup>th</sup>	10
1.2	Electronic Quiz	3 <sup>rd</sup>	10
1.4	E Assignment ( individual)	5 <sup>th</sup>	5
1.5	Oral exam	13 <sup>th</sup>	5
2	Midterm exam -Theory	7 <sup>th</sup> -	10
	Midterm exam -Practical		10
3	Final exam -Theory	16 <sup>th</sup>	30
	Final exam -Practical		20
	Total		100

#### E. Learning Resources and Facilities

##### 1. References and Learning Resources

<b>Essential References</b>	<ol style="list-style-type: none"> <li>1. DAHIYA H., (2017). Textbook Of Community Health Nursing For Post-Basic B.Sc. Nursing Students. 1<sup>st</sup> ed., Kumar Publishing House.</li> <li>2. Nies, M. A., &amp; McEwen, M. (2015). Community/Public Health Nursing: Promoting the health of Populations. Elsevier.</li> </ol> <p>Allender J.A., Spradley B.S., Community Health Nursing ,Promotion and Protecting the Public's Health, 8<sup>th</sup> ed., 2014, Lippincott Williams &amp; Wilkins.</p>
<b>Supportive References</b>	<ol style="list-style-type: none"> <li>1. NANDA International, Inc. Nursing Diagnoses Definitions and Classification, 2018–2020.</li> <li>2. Nursing care plans: guidelines for individualizing client care across the life span, Wiley-Blackwell Publishing 10<sup>th</sup> ed., 2019.</li> <li>3. Stanhope M., Lancaster J., Public Health Nursing, Population-Centered Health Care in the Community , 8<sup>th</sup> ed., 2012 Mosby , Company, USA.</li> </ol>
<b>Electronic Materials</b>	<p>Blackboard materials – digital library</p> <p>WHO www.WHO.int</p> <p>CDC</p>

<b>Other Learning Materials</b>	<p style="text-align: right;"><a href="http://www.cdc.gov">www.cdc.gov</a></p> <ul style="list-style-type: none"> <li>▪ Web of science</li> <li>• <a href="https://www.webofscience.com">https://www.webofscience.com</a></li> <li>• EBSCO Academic Search Complete <a href="https://www.ebsco.com">EBSCOhttps://www.ebsco.com</a></li> <li>▪ PubMed <a href="https://pubmed.ncbi.nlm.nih.gov">https://pubmed.ncbi.nlm.nih.gov</a></li> </ul>
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## 2. Required Facilities and equipment

Items	Resources
<b>facilities</b> (Classrooms, laboratories, exhibition rooms, simulation rooms, etc.)	1. Accommodation (Classrooms, laboratories, demonstration rooms/labs, etc.) <ul style="list-style-type: none"> <li>- Size of class room appropriate</li> <li>- E- learning lab</li> <li>- Clinical training in hospital suitable for student</li> </ul> Nursing lab
<b>Technology equipment</b> (projector, smart board, software)	<ul style="list-style-type: none"> <li>- Data show</li> <li>- Blackboard</li> <li>- Laptop computer</li> <li>- Computer based simulator</li> </ul> Project system
<b>Other equipment</b> (depending on the nature of the specialty)	<ul style="list-style-type: none"> <li>- E- books electronic</li> </ul> Online US Library

## F. Assessment of Course Quality

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of teaching	Program Leaders Peer Reviewer Students Faculty Academic performance follows up committee. Students GPA	Direct Indirect    Direct
Effectiveness of Students assessment	Program Leaders Peer Reviewer Students Faculty Academic performance follows up committee. Examination committee	Direct / indirect
Quality of learning resources	Program Leaders Peer Reviewer	





Assessment Areas/Issues	Assessor	Assessment Methods
	Students Faculty PLOs assessment committee	
The extent to which CLOs have been achieved	Program Leaders Peer Reviewer Students Faculty Academic performance follows up committee. Examination committee Students Results	Direct / Indirect
Other		

**Assessors** (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify))

**Assessment Methods** (Direct, Indirect)

### G. Specification Approval

<b>COUNCIL /COMMITTEE</b>	<b>DEPARTMENT COUNCIL</b>
<b>REFERENCE NO.</b>	<b>1/44/45</b>
<b>DATE</b>	<b>21-8-2023</b>

